

Academic Accommodations for Concussion

Student Name: _____ Date of Evaluation: _____

This student has suffered a concussion and is currently under the care of _____.
He/she is not permitted to participate in any sport activity until re-evaluated and cleared by a physician.

Currently, the student is experiencing the following symptoms:

Headache Dizziness Nausea Fatigue
 Blurred Vision Trouble Concentrating Trouble Remembering
 Sensitivity to Light Sensitivity to Noise

Students with a concussion have increased memory and concentration problems. They will not be able to learn as quickly and effectively as before. The demands of a typical school day can make symptoms significantly worse and prolong their recovery.

Academic Accommodations

The following academic accommodations may help in reducing their cognitive load. This will aid in minimizing their post-concussion symptoms while still allowing the student to participate in the academic process during this injury period.

Testing:

tests/quizzes should be rescheduled until symptoms have resolved no restrictions as tolerated

Homework:

allow extra time for assignments to be completed limited reading no restrictions

NO due dates. Reduce overall amount of class and homework to essential materials only.

Note Taking:

allow the student to receive class notes/outlines ahead of time

Band/Chorus:

allow student to sit out of band and/or chorus practices until symptoms resolve as loud noises often increase symptoms

P.E.:

student is not allowed to participate in any physical activity until medically cleared

light aerobic/ non-contact no restrictions

Attendance Accommodations (allowed until follow up evaluation)

Full days as tolerated Half-days as tolerated Medically Excused Absence for day(s)

Physician's Signature

Date

Follow up evaluation and revision of recommendations to occur on _____

Please provide any notes, details, or statements that you think Fenwick High School will need to be made aware.
(Medications, etc)

Please return to:

Donna Pape, RN

708-386-0127

dpape@fenwickfriars.com

cc: Class Counselor, Athletic Director, Fenwick Training Staff

Physician's Signature

Date